

## The Alvaro Angeriz Trophy 2023-24 – Nirmay Jadhav



Nirmay joined CUKC last year as a 1<sup>st</sup> Dan in Shotokan. Quickly becoming a popular and dedicated member of the club, Nirmay's commitment to training and his standard at competition has been excellent throughout the past two years.

It was at the Intra-Club this past Sunday that this effort really paid off, however. In the first round of the Men's Dan Kata category, Nirmay's performance of Empi came first with a score of 22.9. His subsequent performance of Kanku Sho was even better; winning the gold medal with an impressive score of 23.1. Although Nirmay did not compete in men's kumite this year, both captains felt that his impressive kata performance and dedication to the Club meant there could be no better winner of the Alvaro Angeriz trophy: Congratulations Nirmay!

**Report by Jack Doust**

***CUKC Men's Captain 2023-24***

### History of the Alvaro Angeriz Trophy

Some years ago the Alvaro Angeriz Award was introduced to celebrate the best overall competitor at this competition and to remember a much loved club member. Many of you will remember Alvaro, who sadly passed away from leukaemia in 2012. For those who did not know him, he had incredible spirit and was willing to give anything a go. In addition, he showed tremendous dedication to training - building a dojo in his garage, annoying the nurses by practising kata in hospital, and even trying to hide a medical line under his gi so he could continue to attend CUKC classes whilst going through chemotherapy. He is also famous in CUKC for arranging the most exciting/adrenaline-fuelled social in the club's history - a trip to race the bulls in Pamplona, at the festival of San Fermin in 2010!

**Tegwen,  
*CUKC OKA Officer 2023-24.***

